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PHILADELPHIA NO. 1 FREE DAILY IN TH

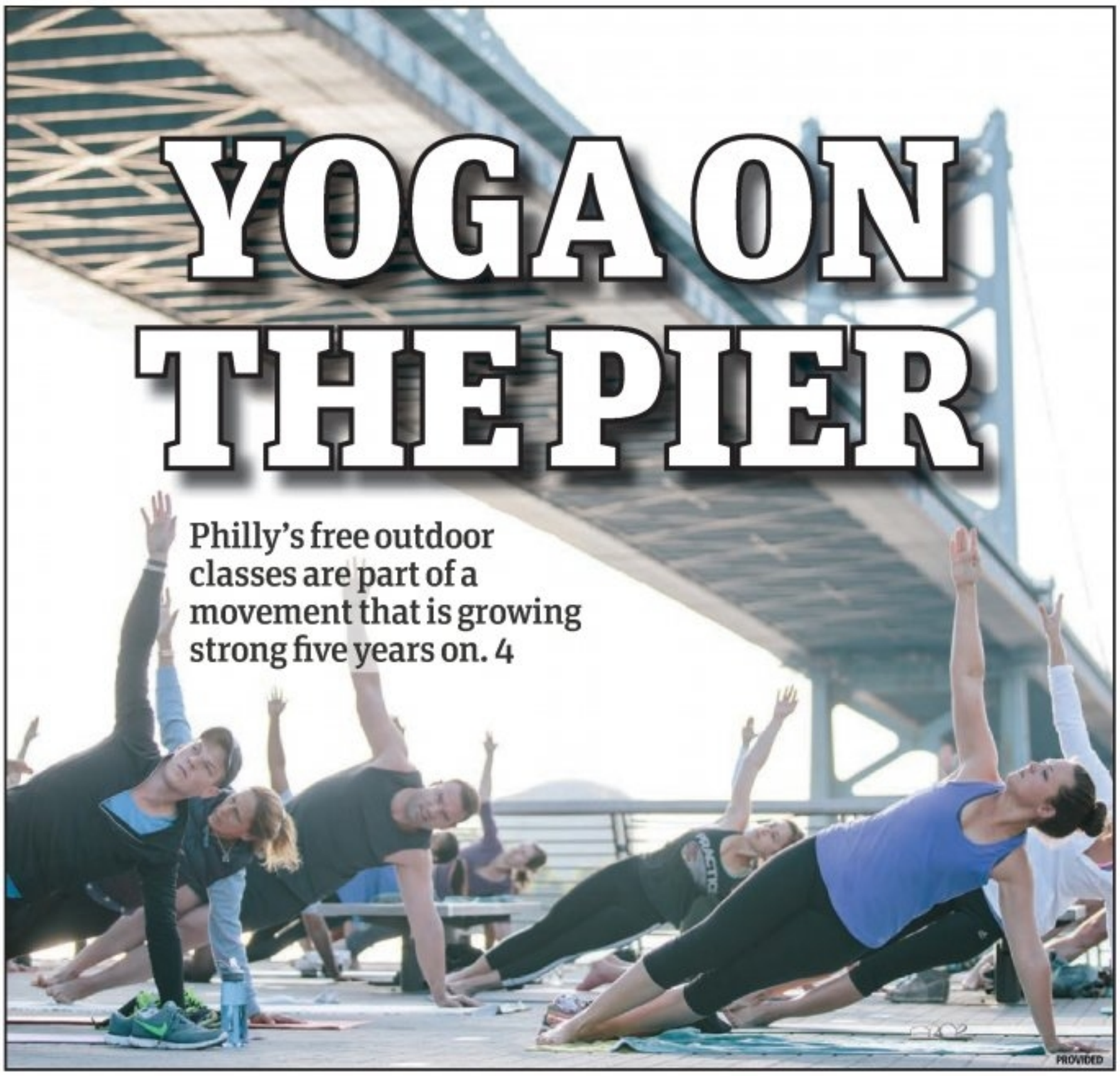
Tuesday, June 20, 2017 metro.us | t: MetroPhilly | f: MetroPhilly

WEDNESDAY MOVIE MAGIC

The Louis Bluver Outdoor Summer Movie Series. 15

Inis Nua dishes out plays, pints and pies at Fergie's. 16

Macnow: Phils need to stop being soft. 18



YOGA ON THE PIER

Philly's free outdoor classes are part of a movement that is growing strong five years on. 4

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FISHER HAD COCAINE, MDMA AND HEROIN IN HER

1 The autopsy report for Carrie Fisher revealed the actress had traces of cocaine, heroin and MDMA in her system when she fell ill on a plane last year, but doctors couldn't say how the cocktail of drugs contributed to her death. The full autopsy report, released by the coroner's office Monday, stated Fisher may have taken cocaine within 72 hours of the Dec. 23 flight where she fell into

cardiac arrest. The 60-year-old "Star Wars" actress died four days later on Dec. 27, Reuters reported. The report followed an announcement by coroner's officials Friday that attributed Fisher's death to sleep apnea and other causes. ERIN TIERNAN

US, RUSSIA, IRAN DRAW NEW RED LINES IN SYRIA

2 Russia, Iran and the United States are drawing new red lines for each other in Syria, with Moscow warning Washington it would treat any U.S.-led coalition planes in its area of operations as potential targets after the U.S. air force downed a Syrian jet. Tensions escalated on Sunday as the U.S. army brought down the jet near Raqqa and Iran launched missiles at Islamic State targets in eastern Syria — the first time each state has carried out such actions in the multisided Syrian war. A pro-Damascus commander said Tehran and Washington were drawing "red lines." Russia, like Iran an ally of President Bashar al-Assad, issued a warning of its own to the U.S. in response to the downing of the Syrian jet, saying on Monday it would view as targets any planes flying west of the Euphrates River, though it stopped short of saying it would shoot any down. REUTERS

JUDGE WANTS DETAILS ON SHKRELI'S FINANCES

3 Former drug company executive Martin Shkreli should reveal more about his finances if he wants his $5 million bail cut to $2 million, a Brooklyn federal judge said Monday, a week before Shkreli is set to face trial on securities fraud charges. Lawyers for Shkreli said in a court filing last week that he needed the $3 million to pay back taxes and his lawyers and accountants. Federal prosecutors

have not agreed to the request. U.S. District Judge Kiyo Matsumoto did not rule on Shkreli's request at a hearing on Monday, but said she would be "reluctant" to release the money without knowing more about what assets Shkreli had and what he had done to liquidate them. REUTERS

CAR RAMS POLICE VAN IN PARIS

4 A man deliberately rammed a car carrying weapons and explosives into a police van as it drove in a convoy down Paris' Champs Elysees Avenue on Monday, officials said. The man, who was known to French security services, died in the incident and the Paris prosecutor's counterterrorism unit said it had opened an investigation. REUTERS GETTY IMAGES

STUDENT WHO RETURNED FROM N. KOREA DIES

5 U.S. student Otto Warmbier, who was imprisoned in North Korea for 17 months before being returned home in a coma less than a week ago, has died in a Cincinnati hospital, his family said in a statement on Monday. "Unfortunately, the awful torturous mistreatment our son received at the hands of the North Koreans ensured that no other outcome was possible beyond the sad one we experienced [Monday]," the family said in a statement following Warmbier's death at the University of Cincinnati Medical Center. His family has said that Warmbier, 22, had lapsed into a coma in March 2016, shortly after he was sentenced to 15 years of hard labor in North Korea. He was arrested, according to North Korean media, for trying to steal an item bearing a propaganda slogan. KIMBERLY M. AQUILINA

WELCOME TO METRO.US!

ERIN TIERNAN, WEB REPORTER

The Supreme Court has ruled that access to social media is a constitutional right — even for sex offenders. The landmark decision says denying access to sites like Facebook, Instagram and Twitter is on par with denying the freedom of speech. Read more at **metro.us/politics.**

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metro.us/quiz

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Yoga on the Pier has been offering free daily yoga classes for five years. MATT STANLEY

Yoga is for everyone at Yoga on the Pier's daily classes

Philly's free outdoor classes are part of a movement that is growing strong five years on.

CASSIE HEPLER
@MetroPhilly
letters@metro.us

In West Philadelphia, he was born and raised. But it was not on the playground where he spent most of his days. Meet Malik Wilson, the man who started the massive movement Yoga on the Pier on the Delaware River Waterfront.

"We literally have people from the water all the way out to Columbus Boulevard, which made me start having assistants on standby," said Wilson. "This year we even have a paid intern from Project Home."

Yoga on the Pier is a daily donation-optional yoga class on Race Street Pier taught by teachers in a range of ages and specialties from all over the city during the warmer months, typically from April to November. There is a yoga class every day of the week, some in the mornings and some in the evenings. Just show up with your yoga mat, water, towel and sunscreen.

"I've taught over 35 classes a week for years," Wilson said. "Yoga on the Pier is a space for the teacher to not just develop but interact with real people, know your students and get off of social media."

The outdoors class gives teachers a wide range of students to interact with, he said.

"There are people who can't afford healthcare, and doing yoga was recommended," he said. "I have deaf people who come to class and lip-read. I have students of different ethnic backgrounds whose parents or grandparents don't speak English but their children translate for them. There is an even mixture of men, women and children from every age."

Wilson, who was introduced to yoga by a martial-arts instructor in 1985, said he was connected with the Delaware River Waterfront Corp., which hosts the class, by one of his students.

"I taught a class on Sundays at a studio in Old City that was kind of dark and dreary, and it was really nice outside, so I said something about doing yoga outside," he said.

Race Street Pier was a perfect public space next to nonprofit Delaware River Waterfront Corp. because five years ago, there wasn't much there.

"I was told that whatever I do, that it must remain a public space," said Wilson. "What if I used the pier as a private space? It would have never gone anywhere and would have been exclusive rather than inclusive. … I trusted that the students would support us and would tell the teachers that you'll do better here off donations then you'll do at any studio for the same amount of time."

Wilson went on to start Yoga on the Pier and added Yoga on the Banks, which he no longer runs, the next year, as part of "this idea of having the city covered from river to river," he said.

His yoga philosophy is low on stress, high on the practice itself.

"Keep it simple. And if you've got to fart, then you should," he said. "People are too caught up with appearances and how someone is going to perceive them."

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PSPCA to celebrate 150 years of helping animals

Historic animal cruelty-fighting organization reaches a milestone.

HAYDEN MITMAN
@MetroPhilly
letters@metro.us

The Pennsylvania SPCA is set to kick off a birthday celebration this week to commemorate the organization's 150 years of protecting animals in Pa.

On Wednesday, the PSPCA will kick off the anniversary celebration with a birthday party at the organization's headquarters, 350 East Erie Avenue, at 1 p.m.

All Philadelphians and animal lovers are invited.

According to the PSPCA, the group started in 1867, when Colonel M. Richards Mucklé founded the Pennsylvania Society for the Prevention of Cruelty to Animals after bearing witness to the mistreatment of horses in the city of Philadelphia.

With this action, the PSPCA said, Mucklé created the nation's second-oldest animal welfare organization, which has grown to protect animals of all kinds.

Throughout this week, several Philadelphia landmarks will light up in blue to commemorate the PSPCA's birthday.

"Our 150th birthday is such an important milestone for the Pennsylvania SPCA and we're delighted to share it with our community of pet lovers," said Julie Klim, PSPCA CEO, in a statement on the celebration. "The animals we care for each and every day make such a profound impact on all our lives and we can't wait to hear stories of how rescues have impacted others."

Also, everyone is invited to celebrate by sharing a story about the PSPCA or, if you'd like to donate to the organization, visiting their website to help the PSPCA meet their fundraising goal of $150,000 or to view their wish list of things they need.

For a full list of events and details, visit pspca.org.

All Philadelphians are invited to celebrate the PSPCA's anniversary. GETTY IMAGES

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Adam Flanagan was convicted of tampering with municipal water systems. FLICKR/STOCKMONKEYS.COM

Prison for Bala Cynwyd man who hacked water meters along East Coast

A former water utility employee maliciously hacked into systems, authorities said.

HAYDEN MITMAN
@MetroPhilly
letters@metro.us

After being let go by a company where he worked as a radio frequency technician, 42-year-old Adam Flanagan of Bala Cynwyd, decided to hack into water meters of municipal utility systems all along the East Coast in order to mess with data used by his former employer.

It was a decision that will cost him a year and a day in prison, after he was sentenced Thursday on two counts of unauthorized access to a protected computer and thereby recklessly causing damage.

According to the office of Acting United States Attorney Louis D. Lappen, Flanagan was arrested without incident on Nov. 23 and he pleaded guilty to the crimes on March 7.

Law enforcement officials said that Flanagan's crimes began after he lost his job as a radio frequency engineer for a company that made remote meter readers for utility systems.

These readers — installed at municipalities throughout the East Coast of the United States — work by receiving radio signals from individual meters and then process the data for billing, Lappen's office detailed in a statement.

After his termination, law enforcement officials said that Flanagan used his knowledge of how these readers operate to gain access to them through the internet and to disable them, which created incorrect billing data and caused his former employer "a large amount of time" to investigate the problem.

Because he had tampered with municipal water systems and interfered with computers used to maintain those systems — considered critical infrastructure by law — Flanagan was sentenced under enhanced sentencing guidelines.

COSBY JURORS

Cosby deadlock makes task of finding second jury more difficult

Now that Bill Cosby's first sex assault trial has ended in deadlock, the difficulty of seating an unbiased jury for the famed entertainer's retrial may have ratcheted higher, thanks to blanket media coverage of the sensational case, legal experts say.

Montgomery County Court of Common Pleas Judge Steven O'Neill has kept secret the names of the 12 jurors who spent 52 hours in an unsuccessful effort to decide whether Cosby, now 79, drugged and sexually assaulted Andrea Constand at his home in a Philadelphia suburb in 2004.

O'Neill may have concern that naming them publicly could lead to another spate of stories on what led to the jury room logjam, further affecting potential jurors' thoughts on the case.

"It's one thing if they preview the evidence," said Wesley Oliver, a law professor at Duquesne University in Pittsburgh. "If the jury's analysis of the evidence has been previewed, that's much more of a tainting issue."

The judge will consider whether to release the jurors' names at a hearing on Tuesday.

Concerns about the case's visibility had already prompted O'Neill to import jurors for the first trial from Pittsburgh, around 300 miles from the courthouse in Norristown.

Prosecutors, who intend to retry Cosby, filed a motion on Monday urging O'Neill to refrain from identifying the jurors, arguing that widespread coverage of their deliberations could influence jurors for the retrial.

Oliver cautioned that the emergence of a particular narrative — that Constand's testimony was not believable, or that only one or two holdouts refused to convict Cosby — could affect potential jurors' view of the case.

Also on Monday came the first public comments from a Cosby juror — one of six alternates who heard the evidence but did not deliberate – who said he was "sick" to hear a mistrial declared.

Mike McCloskey told a Pittsburgh radio station that he had served as an alternate and would have voted to convict Cosby.

REUTERS

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BUILDING OUR FUTURE WORKFORCE

Philadelphia is pursuing ways to involve the city's youth in the workforce. METRO FILE PHOTO

ROB WONDERLING

(WRITTEN WITH CHEKEMMA J. FULMORE-TOWNSEND)

Last week marked Workforce Development Week. To strengthen our city's position for the long term and bridge the economic disparities that so many Philadelphia residents face, we need to work with our businesses to understand employment needs while partnering with educators to assure that we are meeting those needs.

The Chamber of Commerce for Greater Philadelphia and the Philadelphia Youth Network believe that this work begins with empowering our youth — the future workforce of our city.

For youth and young adults, work-based learning provides real-world experiences that are critical to increasing high school graduation rates, helping them make better decisions about career pathways and developing the skills, knowledge and workplace know-how that are essential components to career success. For employers, youth employment initiatives can address the professional skills gap that is cited as a barrier to successful talent recruitment and retention, help develop a pipeline of future talent, increase workforce diversity and help organizations remain competitive by driving new and innovative ideas.

There are a number of strategies in play in Philadelphia to connect young people to the workforce. Among them is WorkReady Philadelphia, a citywide effort managed by the Philadelphia Youth Network that uses cross-sector partnerships to connect our city's young people to work experiences in the summer and year-round. Through WorkReady, participants are exposed to various careers, gain professional skills and learn financial literacy while creating long-lasting professional connections. Another is The Chamber's Education & Talent Action Team, a unique, cross-functional group focused on creating clear pathways for the alignment between early-career individuals and employers to assure that we are engaging the region's future leaders.

Another strategy for early employment is to create access to apprenticeships through pre-apprenticeships. Pre-apprenticeships combine academic and technical classroom instruction with work-based learning, providing a pathway to a long-term career. These pre-apprenticeships allow young people to earn industry-specific workplace competencies, skills and credentials for preparation to enter and succeed in a registered apprenticeship program. Philadelphia partners are exploring traditional and nontraditional career pathways to ensure that more young people have access to opportunity.

To get involved in developing the workforce of tomorrow, contact us at rwonderling @chamberphl.com or ctownsend@pyminc.org.

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Democratic lawmakers press Flynn on Middle East trips

Democratic lawmakers investigating fired national security adviser Michael Flynn's security clearance said Monday they could not find the hotel Flynn said he stayed at during a 2015 trip to Saudi Arabia or any record of a conference he reported attending.

In a letter to companies for which Flynn worked, U.S. Reps. Elijah Cummings and Eliot Engel requested documents related to Flynn's work in Saudi Arabia, Russia and other countries. They said Flynn had not accurately reported his foreign travels and contacts in a 2016 application to renew his security clearance.

Cummings is the ranking Democrat on the House of Representatives' Committee on Oversight and Government Reform. Engel is the ranking Democrat on the House Committee on Foreign Affairs.

Michael Flynn GETTY IMAGES

Flynn's work for foreign interests has taken center stage in a broad federal investigation into the ties between President Donald Trump's associates and Russia and other countries during and after the 2016 election.

While Flynn disclosed an October 2015 trip to Saudi Arabia, Cummings and Engel said Flynn omitted key details and said they could not identify any conference he may have attended or find the hotel he reported staying at during the trip.

The two lawmakers said they were most troubled by the lack of any Flynn record identifying "even a single foreign government official he had contact with in the seven years prior to submitting his security clearance application."

Cummings and Engel also cited a recent Newsweek report which said Flynn took a trip to the Middle East in the summer of 2015 in pursuit of a joint U.S.-Russian venture to develop nuclear facilities, in a deal to be financed by Saudi Arabia.

REUTERS

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France's former first lady did not have an affair with Donald Trump, OK?

Carla Bruni sets the record straight.
ALL PHOTOS GETTY IMAGES

Carla Bruni, wife of Nicholas Sarkozy and former first lady of France, would like you all to know that she definitely never had an affair with Donald Trump, because ew.

The 49-year-old first denied rumors — that Trump confirmed — that she had come between Trump and his former wife, Marla Maples, in 1991.

Adamant that it was both a lie and a desperate ploy for attention, she told the Daily Mail that year that Trump was a lunatic. "It's so untrue and I'm deeply embarrassed by it."

But it's been 26 years, and now he's the president of the United States. So in an interview with the Daily Beast, she refutes the rumors again. "Actually the whole situation was very vague and just did not exist. So I was very surprised when he went to the press," she says.

I get it, girl. I'm not even a cool Italian-French lady, and I too would be insulted if Donald Trump went around telling people that we had an affair. Gross.

Prince Harry puts a ring on it, kind of

How utterly exciting.

Things are probably just as serious as they have ever been between Prince Harry and Meghan Markle. But maybe they are slightly more serious now: Harry has reportedly given his girlfriend a ring. And it's a "significant upgrade."

According to Daily Mail, the ring is the latest in a long line of gifts that 32-year-old Harry has given The Royal Boo. And that is apparently so noteworthy that sources are spilling to the online mag about how! Significant! It! Is!

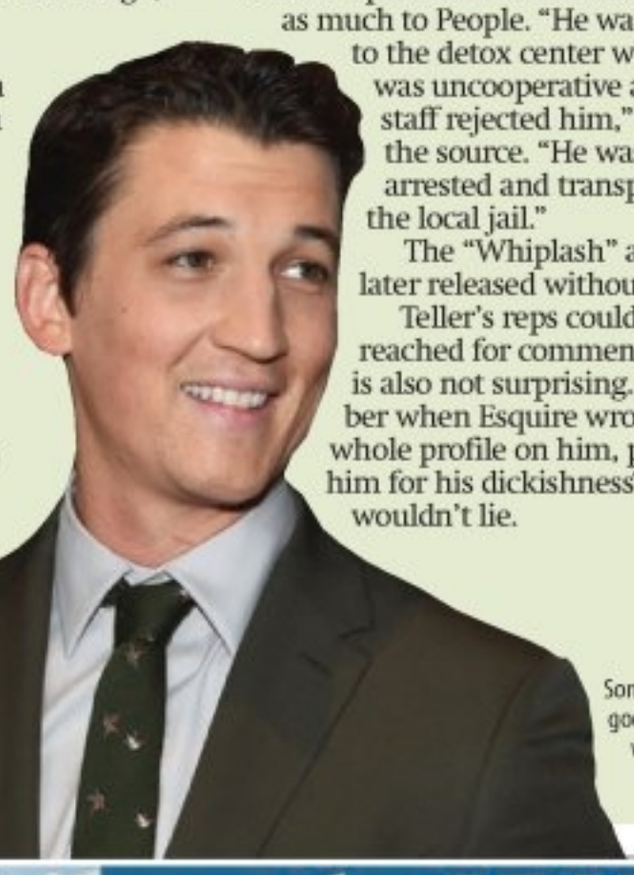
"Meghan feels close to Harry when she wears jewelry from him and he is very keen on symbolic gestures." Fascinating!

"It is clear that the ring has a lot of sentimental value and that she finds it very hard to be separated from Harry." Riveting!

The Hot Ginger Prince has also reportedly given Markle, 35, a £5,000 Cartier Love bracelet, which can only be taken off with a screwdriver, because commitment!

So yeah. These two are still going very, very strong.

Miles Teller arrested for public intoxication


Someone had a good time this weekend.

This past weekend, Miles Teller got garbaged and arrested in San Diego, as you do.

TMZ reports that Teller was partying with a group of friends when an officer noticed that he was having trouble standing up. Why you gotta be so nosy, lawman?

The officers offered to take Teller to a detox program, but he refused. The officers took him there anyway, and it all ended about as expected. A spokesperson for the San Diego Police Department confirmed as much to People. "He was taken to the detox center where he was uncooperative and the staff rejected him," said the source. "He was then arrested and transported to the local jail."

The "Whiplash" actor was later released without bail.

Teller's reps couldn't be reached for comment, which is also not surprising. Remember when Esquire wrote a whole profile on him, praising him for his dickishness? They wouldn't lie.

Caitlyn, girl. This has to stop.

Caitlyn Jenner said something ignorant

Is Caitlyn Jenner purposefully saying words out of her mouth in a desperate bid for attention? Maybe! That's the only excuse I can think of for her latest gaffe.

The longtime Republican spoke at the College Republicans' National Convention late last week when she was asked to comment about coverage of last week's GOP baseball practice attack.

"Nobody deserves what happened out there," she said. "There's no justification for it. There's crazy people in the world — we know that. … We have to minimize that kind of stuff. But, as far as the people who were injured, it's an absolute shame."

Then the kicker. "Fortunately the guy was a really bad shot," she added. "Liberals can't even shoot straight!" Oh, dear.

Here's hoping she learns her lesson soon. There are too many tragedies happening every freaking week to make light of them. In the words of a person who never really grew out of the '90s and early aughts: Take a chill pill, Jenner!

Isiah Whitlock Jr. is more than his famous catchphrase

The "Wire" alum talks "Cars 3," worrying about aging and being in "Goodfellas."

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There are plenty of "Hey, it's that guy!" actors. These are the people you see in small roles over countless movies and TV shows, the ones whose names you learn over the years. Isiah Whitlock Jr. is a different kind of "Hey, it's that guy!" actor. He's best known for one role — really, for one word. We can't print that word here. But when you see Whitlock — in "Cedar Rapids," in "Pete's Dragon," on the forthcoming "The Mist" — you probably think of him as corrupt Senator Clay Davis on "The Wire," the guy who likes to spend several seconds drawing out the s-word.

You only hear Whitlock in "Cars 3"; he's the voice of a retired race car. And being in a movie rated G means he can't drop his signature word. That's fine by him; like most hard-working actors, he contains multitudes. And being a longtime actor means he identifies with the main crisis in "Cars 3": the notion that our hero, superstar speeder Lightning McQueen (Owen Wilson), may be old enough to retire, to make way for the new. These are heavy ideas for a movie aimed at kids.

GETTY

"It's about change. It's about hitting that crossroads in life," Whitlock says of the film. "I got to admit, toward the end, I was having to keep myself from tearing up."

Whitlock, 62, recalls hitting that point when he was no longer offered younger characters.

"I'd say, 'I want to play this guy,' and they say, 'Well, you look a little older,'" he recalls. "You spend time in the mirror looking at yourself. It's hard."

When he started acting, one thing Whitlock wasn't prepared for was watching his movies or TV shows years later, and being forced to look at his younger self.

"You say to yourself, 'Did I ever really look that young?' It almost makes you not want to look at it, because you'll start having conversations with yourself: 'When did I start losing my hair? When did I get these bags under my eyes? Was I ever that fit?' I mean, I look like I'm 12 years old in 'Goodfellas.'"

Yes, Whitlock was in "Goodfellas." It was one of his first movie roles, and it's a blink-and-miss part; he's the doctor who, during the film's dazzling climactic section, forces a coked-up and frazzled Henry Hill (Ray Liotta) to undergo a quickie medical exam. But even a tiny role means he's part of one of the most beloved films ever made.

"I remember right after I did that movie, I could walk into any Italian restaurant and get a free meal," he says.

Isiah Whitlock Jr. voices retired speeder River Scott, far left, in "Cars 3," now in theaters. PIXAR

The history of his signature line

For the record, his signature s-word line — which is so popular it's inspired bobblehead dolls — didn't originate on "The Wire"; he first did it in Spike Lee's "25th Hour," and again in later Spike movies like "She Hate Me" and "Chi-Raq" (which contains the longest version of it). He improvised it during auditions for "25th Hour." When they went to film the scene, Whitlock didn't want to do it.

"I didn't quite get it. I wanted to come up with something else," Whitlock reveals. But Lee insisted on it. It was such a hit that, when he was cast on "The Wire," the writers kept putting in into the scripts, which is when it really took off. "All that started with Spike. I have to give him some credit here.

"There are days when I still don't get it," he adds. "I'm glad people are amused by it. It's one of those things I have to live with. If it makes people happy, I'm OK with it. Never in my wildest dreams did I think something that just came out of my mouth would be my thing."

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Holliday Grainger is a modern woman

The "My Cousin Rachel" actress talks Rachel Weisz and meeting J.K. Rowling.

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Holliday Grainger plays Louise, a potential love interest for our protagonist (Sam Claflin), in "My Cousin Rachel," now in theaters. FOX SEARCHLIGHT

Holliday Grainger is no stranger to living in the past. The English actress, 29, is a regular in period pieces, from "The Borgias" to "Anna Karenina" to "Their Finest." "My Cousin Rachel" is another chance for period duds, as well as stepping into a very different era with very different gender issues. Set in the 19th century, it stars Sam Claflin as Philip, a young man who suspects his cousin has been murdered by his wife, Rachel (played by Rachel Weisz). But Philip could just be a cad, wrongly targeting an innocent woman. (Grainger plays Louise, Philip's close friend since childhood.)

GETTY IMAGES

"As a woman reading the book, even though it's from Philip's perspective, I was reading him as this naive young man who didn't understand women, so therefore his viewpoint on Rachel surely can't be completely right. You can see he's not getting it," Grainger tells us. "You can understand where Rachel is coming from as a much more knowledgeable woman of the world; her emotions are far more complex than Philip understands. You can't help but be slightly on her side."

Not that Grainger is entirely #TeamRachel. "It's only as the story progresses that more questions about her character come into light. Then you start to think, 'Oh, maybe she isn't as innocent as you think,'" she says.

Rachel may seem modern for a 19th century woman. But Grainger doesn't think you should underestimate the more traditional Louise.

"As much as she's very comfortable with her social standing as a woman, she's also a bit of a tomboy," Grainger says. "You get the impression that she's not always doing things to please."

Grainger imagines Louise was equal to Philip when they were young. "She was probably running around the fields with Philip as a kid. She wasn't brought up to just sit there and play piano," she says. "She's quite modern in that she's allowed the freedom to be who she wants to be. It's just that her choices are very much restricted because she's a woman."

Getting better

Grainger doesn't want to fall in the trap of talking too much about "strong female characters," important as that is.

"It's great to talk about that, but sometimes it's so boring," Grainger explains. "Why are we talking about 'complex women'? Surely that should just be the standard. We're not like, 'Oh, great, there's complex men in this film!' The aim is to get to the point where it's no longer a talking point."

Among the projects Grainger has coming up is a "Black Mirror"-sounding show called "Philip K. Dick's Electric Dreams," based on the works of the sci-fi author. There's also "Strike," a new show written by J.K. Rowling.

"I've met J.K. Rowling a couple of times in the toilet before readings," Grainger says with a laugh. "We both need to go to the loo and shake things off in the mirror before we go into a room of 150 people."

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Enjoy film, beers and sunshine at the Louis Bluver Outdoor Summer Movie Series. RAINA SEARLES, COURTESY OF FRINGEARTS

Add movie magic to your Wednesdays

Outdoor screenings in a beer garden? Yes, please.

JENNIFER LOGUE
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If you're looking for a fun, affordable way to liven up your Wednesday evenings this summer, look no further than The Louis Bluver Outdoor Summer Movie Series, a collaboration between FringeArts and La Peg Brasserie.

Taking place every Wednesday at 8 p.m. in Haas Biergarten (right outside of FringeArts), the series runs weekly through Aug. 30 and is free and open to the public. Food and drink will be available for purchase from La Peg. Outside food and drink are not permitted.

The film series was curated by film scholar Catherine Haas and includes a eclectic mix of crowd favorites like "Breakfast Club," "Clueless" and "Weekend at Bernie's."

"When I'm picking out a movie to watch on a weeknight with a bag of popcorn and a glass of wine, I'm usually returning to old favorites," Haas says. "I wanted each movie I chose for this program to evoke that same sense of familiarity and shared enthusiasm."

The lineup is listed below:

June 21 — "Jurassic Park" (1993)
June 28 — "E.T. the Extraterrestrial" (1982)
July 5 — "Back to the Future" (1985)
July 12 — "Indiana Jones and the Last Crusade" (1989)
July 19 — "Friday" (1995)
July 26 — "Clueless" (1995)
Aug. 2 — "Breakfast Club" (1985)
Aug. 9 — "Bill and Ted's Excellent Adventure" (1989)
Aug. 16 — "Fifth Element" (1997)
Aug. 23 — "Independence Day" (1996)
Aug. 30 — "Weekend at Bernie's" (1989)

Whether it's your first time seeing one of these films or the hundredth time, enjoying an evening of film on the waterfront with a drink in hand will surely be something to remember.

FringeArts, La Peg and the Haas Biergarten are located at 140 N. Christopher Columbus Blvd.

For more information, visit: fringearts.com

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David Pica stars in "How to Ruin a Life from the Comfort of Your Own Beanbag." MICHAEL ATHAY

A night of theater and meat pies

Inis Nua brings Pop-up Play in a Pub to Fergie's.

JENNIFER LOGUE
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Looking for something out-of-the-box to do after work this week? Inis Nua Theatre company, which is dedicated to producing contemporary plays from Ireland, Scotland, England and Wales, returns to Fergie's Pub for the Pop-up Play in a Pub series — and this week, they will be performing "How to Ruin a Life from the Comfort of Your Own Beanbag," by Darren Davidson and Tim Price.

This one-man play features a lecture from a self-professed "reformed" hacker (played by David Pica) who covers the nitty-gritties of cyber mischief like stalking, trolling and theft.

"Tim Price worked with an actual convicted hacker to make this play that's funny but also chilling, knowing that our online presence is a vulnerability," says Inis Nua Director Tom Reing. "If people like 'Black Mirror,' they're gonna like this."

Enjoy a beverage and meat (or veggie) pie while you watch the play. ISTOCK

Perhaps fans of "Mr. Robot" will also be into it.

Only 45 minutes in length, it's the perfect amount of time to get your daily dose of culture after a long day at the office, and of course, fill up on a beverage and either meat or veggie pie.

"There's a rich tradition of pub theatre in the U.K. and Ireland," adds Reing.

"How to Ruin a Life from the Comfort of Your Own Beanbag" will run June 20-22 at 6 p.m. at Fergie's Pub, located at 1214 Sansom St.

Tickets are $20 (free for Inis Nua subscribers) and include a beverage and meat or veggie pie.

For more information, visit: inisnuatheatre.org.

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Be more period positive with this menstrual cup

wellbeing

The Flex Co.founder Lauren Schulte set up at a recent Flex pop-up in Soho. INSTAGRAM/@FLEXISFUN

The Flex is the latest product innovation to help end period shaming.

KATE MOONEY
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Did you know ihatetampons.com is an actual site? It's the URL for Flex Co., which sells disposable menstrual "discs" online. The tampon alternative is the latest entry in a wave of menstrual-product innovation, which includes "period underwear" Thinx, Go Commando yoga pants by Dear Kate and breathable "oxygen-release pads" To2M.

The 31-year-old founder Lauren Schulte began the company in 2015 after suffering from yeast infections "from the time I got my period through my late 20s," she says. The culprit? Tampons. "I learned that cotton itself is disruptive to the pH balance of the vagina," she explains. "Since it's organic material in a warm, dark, moist environment, it's the perfect place for bacteria to grow."

Schulte tried over 30 period products, including the most well-known reusable menstrual cup, the DivaCup. While Schulte is an advocate for safe and effective menstrual devices — the more available on the market, the better, she believes — she found most of the current options bulky and uncomfortable.

An eight-pack of Flex good for one cycle, $20. PROVIDED

The L.A.-based marketing pro, who has worked with brands including Coca-Cola and UpWork, knew there was room for a middle ground between tampons and pads and reusable cups. (The Flex differs from a disposable menstrual cup, such as SoftCup, in its shape and placement.)

She and her cofounder, Erika Jensen, former director of e-commerce for the high-end sex toy company Jimmyjane, came up with Flex.

The disposable, single-use discs, which you can wear up to 12 hours, are made of FDA-approved, medical-grade polymer, which Schulte explains is a "body-safe plastic" that's proven safe and effective in medical devices. Plus, "it's an inert material, which means bacteria cannot grow in it," she notes. It's BPA- and phthalate-free, without silicone and latex (common allergens). The material "uses your body heat to warm up to form your natural shape, creating a leak-free seal," the brand explains on its site.

It rests in the vaginal fornix, located at the base of the cervix, where a diaphragm goes, as opposed to sitting inside the vaginal canal like a tampon or menstrual cup. Schulte says that, coupled with the fact that it's soft and collapsible, makes it more comfortable, with an added bonus: you can have less messy sex while you're wearing it. While you can wear it with an IUD, Schulte advises women first consult with their doctor, because it's possible the IUD strings could be disrupted during insertion or removal of the Flex.

While Schulte envisions a future where Flex is stocked in drugstore and retailers nationwide, she says there's still a ways to go. "This product requires a lot of education. If it's static on a retail shelf, you're like, 'What is it?' Using an internal device for the first time as a grown woman is pretty terrifying," she says. (Remember putting in a tampon for the first time?)

The ultimate goal is to remove the cultural taboo and shame around menstruation and to increase education and conversation. "I think with women's products in general, we're told, 'Do this,' or 'Don't do that,'" she says. "It's women to women too, the shaming — 'Why do you use this; why don't you use that? I do this; this is better.' Let's have a conversation and be educated about what we choose."

Visit ihatetampons.com for more information, and to get an eight-pack of Flex delivered for $20 monthly.

Why create a disposable product?

"Changing human behavior is the most difficult thing," Schulte says. "To me, I think that Flex is a step in between a completely reusable product and classic applicator tampons, which the majority of American women use." During the testing phase of Flex, Schulte gave women reusable prototypes, and while they said they loved the idea, when she checked back months later, the majority had discontinued them. She considers Flex a "stepping stone" for women to start on, and then "we can move women in the direction" of reusable.

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PHILLIES APPROACH, CODDLING PROSPECTS, IS WAY TOO SOFT

THE SPORTS PROFESSOR

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While the Phillies heave through another death march of a season, their farm club in Allentown boasts the best record in Triple-A.

So those few lonely fans left in Citizens Bank Park call longingly for prospects they've never seen — Dylan Cozens and Rhys Hoskins and Nick Williams. Meanwhile, GM Matt Klentak refuses to call up the kids, instead allowing a has-been like Michael Saunders to embarrass the franchise.

What's the holdup?

We learned last week. The baby-faced GM's concern, apparently, is hurting the feelings of America's youth. In a sit-down with reporters, Klentak said this: "I think the human emotion of it — once anybody reaches a certain level, they don't want to be sent back. Nobody wants to be demoted in our jobs. No player wants to come to the major leagues and then be sent back. Obviously we've sent players back before and you can hear the emotion in their voices and how disappointed they are. If you can avoid that, we'd love to avoid that."

Emotion in their voices? Disappointed? What are we running here, a major league operation or grade-school play audition? Gosh, we wouldn't want anyone to walk away with hurt feelings. How about pizza and ice cream for all? And line up for your participation trophy.

I realize eras change, and the days of Dallas Green (rest his soul) threatening to rip out a player's lung for sloppy play are gone. But ballplayers can't have reached the point where first-time failure crushes their tender psyches.

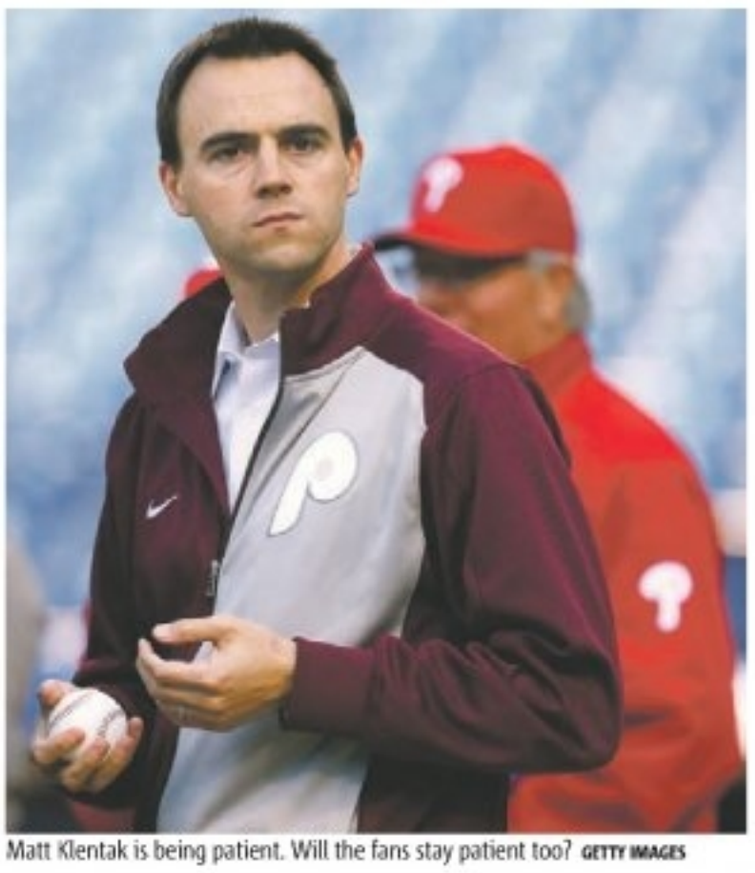
Take a look back — and not too far. Chase Utley came up in April 2003, hit 3-for-15, and was dispatched back to Triple-A. Four months later, he arrived for good. Much as I remember, Utley didn't need any DL time to recover from bruised feelings. Same thing with Carlos Ruiz, who started his Phils career hitting 5-for-35 — earning a bus trip back to the minors. Ruiz shuttled up and down three times in 2006. God only knows how he found the mental resilience to survive such indignity.

Jason Werth, Brad Lidge, Jim Thome, Cliff Lee — all did the yo-yo between minors and majors before becoming stars. Young Roy Halladay got busted from Toronto to Single-A, and somehow recovered to win two Cy Young Awards.

Failure is part of baseball, where the cliche says that a hitter who succeeds 30 percent of the time is a star. Dealing with disappointment at the highest level is an issue every player must fight through. Prospects don't need Matt Klentak strapping them into the car seat and handing them a sippy cup.

Hoskins is 24 years old already. Cozens and Williams are 23. If there are still flaws in their game preventing a call-up, that's one thing (Williams' sense of the strike zone seems shaky, for example).

But if the issue is damaged egos and quavering voices, let's stop the preschool mentality and let these young men prove their toughness and maturity. I'll even bring along the squeeze-boxes of apple juice in case they're needed.



Matt Klentak is being patient. Will the fans stay patient too? GETTY IMAGES

What should Flyers fans expect in a busy week in NHL ahead?

Hockey season, well the offseason, that is, ramps up this week as the expansion franchise, Las Vegas, unveils its inaugural roster all while a new crop of talent enters the league during the NHL draft. Here's a look at what the schedule looks like this week and what Flyers fans should be looking out for:

Tuesday, June 20
The NHL's newest sponsor, Adidas, will release in full all 31 team uniforms. There have been teaser images released over the past few weeks, and from the looks of it, the Flyers jersey will remain intact. A few teams, like Minnesota, will have some notable changes in their jersey layout, while the Vegas Golden Knights' uniform will also make its debut. One thing of note: Don't expect any alternate jerseys to be unveiled, it has been reported that Adidas will hold off third jerseys for at least one year. The hopeful return of the black uniforms will have to wait for at least another season.

Wednesday, June 21
There will be a lot of excitement as Vegas is set to release its team during the NHL Awards at 8 p.m. It was announced that the release of the names will be spread throughout the evening and not dumped all at once. Flyers fans will be waiting to see which player from the orange and black has been selected. The most likely name to be nabbed is goaltender Michal Neuvirth. Of all the unprotected players for the Flyers, he'd likely garner the most interest. If it's not him, fans likely should expect Michael Raffl to be the one plucked away. Jordan Weal is a long shot for Vegas, but if it's none of the above two, it'll probably be him.

Thursday, June 22
The excitement of the 2017-18 season really amps up as the league will announced the complete regular season schedule for all 31 teams. While schedule's aren't all that exciting since every team plays each other regardless, Flyers fans will certainly be looking to see when the team makes its first ever trip to the T-Mobile Arena in Las Vegas. Can anyone say "road trip"? The trade freeze also will expire on this day, which likely will see Vegas move some of its pieces for younger players. A potential Marc-Andre Fleury trade has been rumored, and the Flyers could certainly be among the suitors.

Will Ron Hextall try and pull off any trick this week? GETTY IMAGES

Friday, June 23
Another important piece of the Flyers' future will enter the picture as the NHL Entry Draft begins. The Flyers hold the No. 2 pick and will walk away with one of the top two prospects in Nolan Patrick or Nico Hischier. The New Jersey Devils, who select first overall, will determine which player their rival selects. As with any draft, fans can expect to see general managers actively involved in trade reports, and with the Flyers dealing with log jams (per usual), there's always a chance a veteran is moved out.

Saturday, June 24
The draft continues as rounds two to seven take up the day. The Flyers second pick will occur at No. 44. KYLE PHILLIPPI

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Terms of trade are very favorable for the Sixers

Markelle Fultz will, by week's end, become the newest Sixers' superstar. GETTY IMAGES

While both teams will benefit from the pick swap, the Sixers maintain the right to win the NBA lottery over the next two drafts.

ANDY JASNER
@AndyJasner
sports@metro.us

Rarely do you get something for nothing in the NBA.

A press release and news conference confirmed Monday that the 76ers and Boston Celtics have agreed to a blockbuster deal allowing Philadelphia to move from No. 3 to No. 1 in Thursday's draft. Moving up two spots assures the Sixers of another marquee player in Washington guard Markelle Fultz.

In a complicated compensation to be sent to the Celtics, the future first-round pick that Boston will receive will be: "[The] Lakers' first-round pick in the 2018 NBA draft, provided that such pick is between 2-and-5 in the 2018 NBA draft. If the Lakers' 2018 first-round pick is No. 1 or is No. 6 or later, the Sixers instead convey to the Celtics the rights to the more favorable of the Sixers' own 2019 first-round pick or the Sacramento Kings' 2019 first-round pick, provided that the more favorable pick is not the No. 1 pick in the 2019 NBA draft. If the more favorable of the Sixers' and Kings' 2019 first-round picks is the No. 1 pick in the 2019 NBA draft, the Sixers will instead convey the rights to the less favorable of those two picks."

The terms seem pretty favorable for Philly, as the team will land its second-straight No. 1 overall pick.

> *"The odds are in your favor at No. 1 more than any other place in the draft."*
>
> Sixers' GM Bryan Colangelo

They took Ben Simmons No. 1 overall, but he hasn't played one minute since breaking a bone in his foot in training camp before last season. In 1996, the Sixers selected Allen Iverson and that worked out quite well. This pick is crucial. Fultz and Simmons could play the next 10 to 15 years and potentially lead this franchise back from the abyss of 75 wins over the last four seasons.

Fultz arrived in Philadelphia for a hastily arranged workout after reports began to gain momentum. He didn't seem to mind at all.

"I really don't pay a lot of attention to it," Fultz said of the trade rumors. "I'm blessed enough. I pray every night before I go to sleep, and I let God take care of it, really. I wake up every morning and get ready to go to the gym. I don't really pay attention to everything that's going on. I'm truly blessed to be in this position. Whatever happens, I'm looking forward to taking my talents to wherever I go."

Like Simmons, Fultz was unable to carry his team into the NCAA Tournament. Does that ultimately matter? Not really.

Fultz averaged 23.2 points, 5.9 assists and 5.7 rebounds per game for the Huskies, who stumbled to a 9-22 record.

Fultz vaulted up to the top of the draft board over the past year and appears to be the perfect complement to Simmons in the Sixers' young backcourt. When giving up multiple picks, the Sixers had better be sure he's the right player for this franchise because this is a mistake that will be tough to correct.

This kid isn't lacking confidence. Fultz believes he's the No. 1 overall pick.

"First of all, how I carry myself as a player and as a young man," he said. "Just being humble. I'm just a hard worker. I'll do whatever it takes to help any team I go to win."

Iverson catapulted the Sixers to the top of the NBA, though it didn't happen overnight. There were plenty of growing pains along the way.

If Fultz is the guy, it will take time. The Sixers won't win 63 games this season. They might not even make the playoffs. There is such a long way to go. Grabbing Fultz sounds like a great idea.

Seeing what transpires on the court will ultimately determine the course of the franchise. They had better be right.

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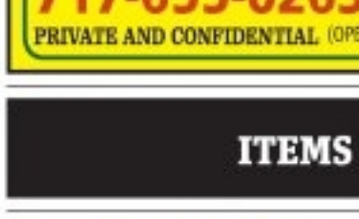

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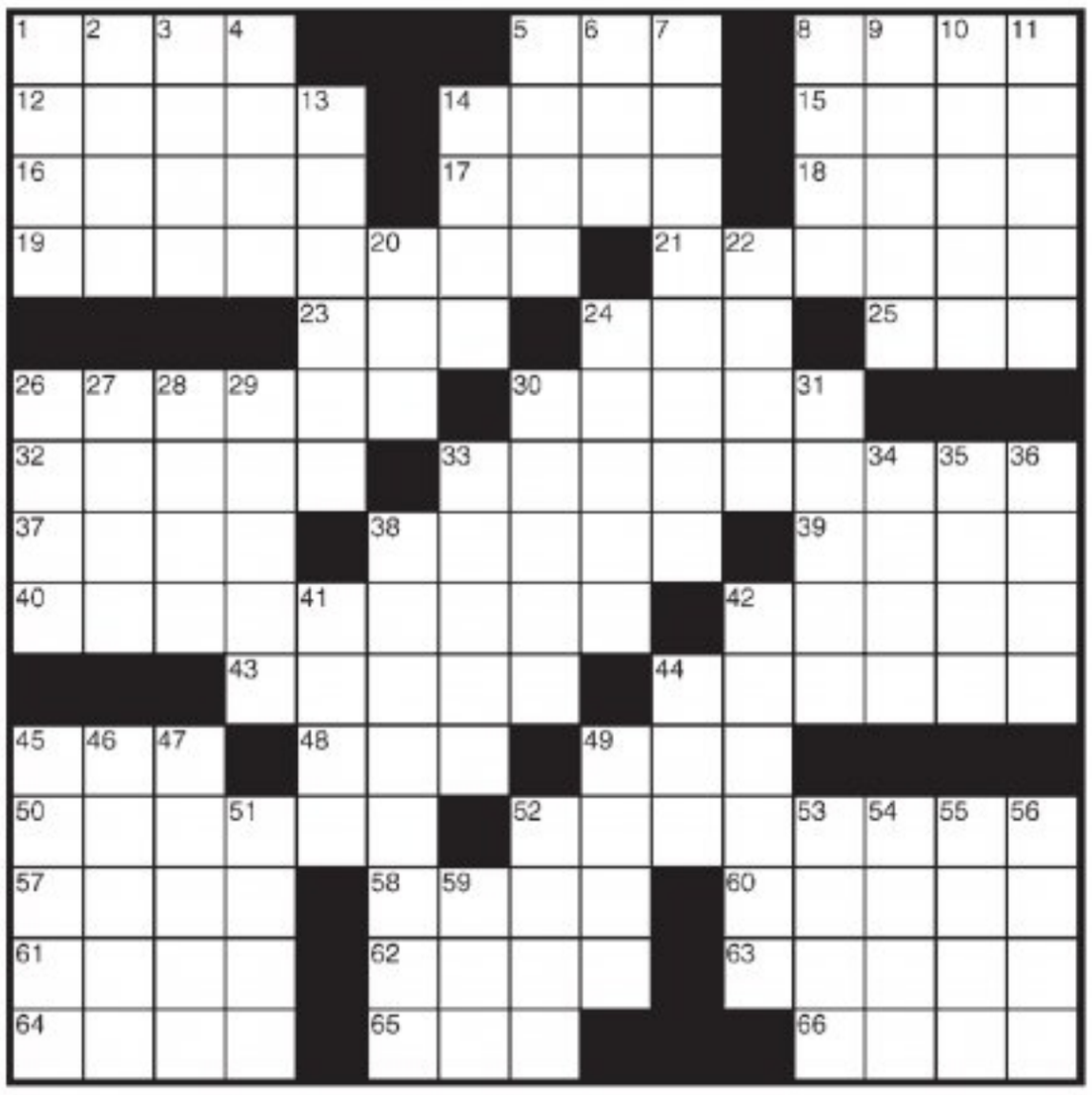

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hard

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metro.us/horoscopes

Aries Business trips, interviews, serious discussions and big plans are all favored. If you want to bring about change, be the one to initiate what you want to see happen.

Taurus Share your feelings with someone who is willing to tell you all as well. Confronting problems will help you come to a decision that will make your life better.

Gemini Precision, preparation and a group of loyal and dedicated supporters will help you succeed. Your ability to bring about change must not be wasted. Stay focused.

Cancer What you put out, you will get back. Your involvement in the community and efforts to assist a loved one will put you in a good position.

Leo Emotional matters will escalate, leaving you in an awkward position. Make sure you take care of your responsibilities regardless of the situation you face at home or work.

Virgo You'll experience frustration at home and work due to demands. Venture out with someone special and participate in things that you find interesting.

Libra A chat you have with someone regarding an educational opportunity or your current living arrangements will get you thinking about your options.

Scorpio Share your intentions and make a point to start the process of forming a union with someone you feel is as insightful and ready to strive for perfection as you are.

Sagittarius Partnerships are favored and will make a difference to the way you move forward with a project or your personal life. Negotiate on your own behalf.

Capricorn People you enjoy being around will make your day special. Take the time to physically engage in projects or activities that will bring you closer together.

Aquarius You'll gain ground if you pick up knowledge that will help you change direction, improve life in your community or better your relationships with others.

Pisces Don't take on someone else's responsibilities or let your own goals be jeopardized just to help someone else excel.

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E	W	E	■	■	A	R	L	O	■	R	A	C	E	S
■	■	■	M	A	R	Y	■	■	R	I	S	E	S	■
M	O	H	A	W	K	■	A	K	I	N	■	■	■	■
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